## 50 & Wiser Summer 2010 Arts & Education Programs... recreation for those baby boomer age and beyond!

## **AARP DRIVER SAFETY PROGRAM**

### **Instructor: Roger Thomas**

Participants learn defensive driving techniques, new traffic laws and rules of the road to safely adjust driving to compensate for age-related changes. For individuals 55+, insurance companies may offer a reasonable discount for three years to graduates. BRING YOUR DRIVER'S LICENSE WITH YOU TO CLASS. Min: 12 Max: 24. Register by 6/1.

323208A Tu/Wd June 8-9 9:00am-1:00pm

CFG/CAC \$12 AARP members, \$14 non-members (make checks payable to AARP on first day of class)

#### **BASKET MAKING WITH SHARON HOLLAR**

Enhance your creativity with basket making. These classes are taught by Sharon Hollar, who previously taught at the Craft House. If you want to learn a new skill, or brush up on one you already have, take advantage of these opportunities.

#### **BEADED BASKET**

Learn to weave a rectangle basket complete with a ready-made handle and adorned with painted beads. Register by May 17. Participants will be contacted with a brief supply list after registration. Min:4 Max:7.

242106A Th May 20& June 3 6:30-8:30pm

CFG/CAC \$31 city resident, \$37 non-resident

#### LITTLE OVAL

Weave your own oval basket and make your own handle. Register by June 14. Participants will be contacted with a brief supply list after registration. Min:4 Max:7.

242106B Th June 17&24 6:30-8:30pm CFG/CAC \$31 city resident, \$37 non-resident

#### CAKE DECORATING-GETTING STARTED

#### **Instructor: Sharon Hollar**

Learn to decorate cakes for special occasions! This class will teach basic piping, icing, shells, drop flowers, borders and writing. Sharon was an instructor at the Craft House and has 10 years of teaching experience. Take advantage of this opportunity to learn a skill that is sure to come in handy! Min: 5 Max: 8.

242108A Th July 8,15,22,29 6:30-8:30pm (Register by July 1) 442108A Th Sept 2,9,16,23 6:30-8:30pm (Register by Aug 27)

CFG/CAC \$36 city residents, \$43 non-residents

#### CRIBBAGE

#### **Instructor: Jim Gallant**

Cribbage is a card game that has been around for over 400 years. This game is widely popular in the Northeast United States and Canada. Learn to play and then come back for regular matches! Please register for one of the sessions below to learn the game. Based on interest in learning the game, we will have weekly matches on Thursday afternoons. Registration deadline is the Tuesday before each lesson. Min: 5 Max: 10.

242109A	Thurs May 13	2-4:30pm	342109B	Thurs July 8	2-4:30pm
242109B	Thurs May 27	2-4 <b>:</b> 30pm	342109C	Thurs July 22	2-4:30pm
342109A	Thurs June 10	2-4 <b>:</b> 30pm	342109D	Thurs Aug 5	2-4:30pm
CFG/CAC	No cost				

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## PROTECT YOURSELF-OLDER ADULT SAFETY

## Instructor: Corporal Justice of the Rockingham County Sheriff's Office

Learn about how to keep yourself or a loved one safe from issues directly affecting older adults. Topics such as financial exploitation, identity theft and residence safety will be covered. Corporal Justice has extensive experience in law enforcement and investigates crimes against older adults. Register by June 4. Min: 5 Max: 25.

342101A Fri June 11 11am

CFG/CAC No cost

#### WRITE YOUR LIFE

#### **Instructor: Diane Haldane**

Join us to explore the process of writing memoirs and life stories. You have stories to tell... we all do! Come along on a fun, insightful writing journey that will help you figure out how to tell yours! Bring a spiral notebook and writing utensil. Min: 3 Max: 15. Register by May 10.

242105B Wed May 12-June 166:30pm-8pm CFG/CAC \$42 city residents, \$50 non-residents